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ABSTRACT

A reference list of teaching materials and teacher guides in the field of nutrition is compiled in this pamphlet. Primary emphasis is on resources for secondary grades. The section on teaching materials includes books, pamphlets, leaflets, posters, charts, transparencies, ditto masters, kits, games, films, filmstrips, records, TV videotapes, and programmed units. Teacher references are primarily pamphlets available from state cooperative extension services, state universities, and state education departments. Each entry enumerates the author, title, source or publisher and address, date, physical description of the item, cost, and key words indicating basic content. Over 100 items are cited. (BL)

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Society for Nutrition Education

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NATIONAL NUTRITION EDUCATION CLEARING HOUSE

REFERENCE LIST NNECH-4-1-72

SECONDARY TEACHING MATERIALS AND TEACHER REFERENCES

TEACHING MATERIALS

American Dental Assoc., BETWEEN YOU AND ME IS YOUR SMILE, 1971, Pamphlet, 12 p., photos; single copies free, 25 for $7.00, 100 for $26.50 from American Dental Assoc., 211 East Chicago Ave., Chicago, IL 60611.
Adolescent, Dental Health, Food Selection, Snacks

American Home Economics Assoc., LOVE (NUTRITION AWARENESS BROCHURE), 1970, Leaflet; single copy free with stamped self-addressed envelope, $2.00 per hundred from American Home Economics Assoc., Publications, 1600 Twentieth St., N.W., Washington, D.C. 20009.
Basic Nutrition Facts, Food Groups

American Medical Assoc., CAN FOOD MAKE THE DIFFERENCE? (TEENAGE NUTRITION), 1964, Leaflet; 15 cents from American Medical Assoc., 535 North Dearborn St., Chicago, IL 60610.
Adolescent Nutrition, Food Groups, Nutrient Sources, Snacks

American National Red Cross, HEALTH AND SAFETY POSTERS, 1970, 9 posters, 8 1/2 x 11 in., teacher's guide printed on reverse, Jr. High; free from local Red Cross.
Alcohol, Audio-Visual Aids, Basic Health Habits, Basic Nutrition Facts, Drugs, Educational Methods-Adolescent, Exercise, Growth and Maturity, Smoking

American School Food Service Assoc., STUDENTS: SCHOOL LUNCH MEANS GOOD NUTRITION, Leaflet; 6 cents from ASFSA Publications, 4101 East Iliff, Denver, CO 80222.
Basic Nutrition Facts, Nutrient Functions, Nutrient Sources, School Lunch

Arnold, P. and White, P., FOOD FACTS FOR YOUNG PEOPLE, 1968, Book, clothbound, 256 p., tables, glossary; Holiday House, Inc., 18 East 56th St., New York, NY 10022.
Adolescent Nutrition, Basic Nutrition Facts, Disease and Nutrition, Food Composition, Food Misinformation-Discussion, Food Supply-World, Weight Control

Arrington, L.R., NUTRITIONAL EXPERIMENTS FOR SCIENCE PROJECTS AND DEMONSTRATIONS, 1964, Pamphlet, 6 p.; free from Dept. of Animal Science, University of Florida, Gainesville, FL 32601.
Basic Nutrition Facts, Experiments

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Prepared by
National Nutrition Education Clearing House, P.O. Box 931, Berkeley, CA 94701

Secondary Teaching Materials NNECH-Jan. 1972

Aykroyd, W.R., FOOD FOR MAN, 1964, Book, paperbound, 93 p., photos; Pergamon Press, The Macmillan Co., 866 Third Ave., New York, NY 10022.
Basic Nutrition Facts, Food Production, Food Sources, Food Supply-World, International Programs, Malnutrition-International

Bailey, M.A., NUTRITION TEACHING AIDS, 1971, Charts, 12 p. with 6 bar graphs per page, teacher's guide; $1.65 from Public Service, Agricultural Extension, University of California, Berkeley, CA 94720.
Audio-Visual Aids, Food Composition, Nutrient Requirements, Nutrient Sources

Campbell Soup Company, Home Economics Dept., THE IN WAY TO MEAL MAKING, Filmstrip, color, with record, student booklet and teacher's guide with printed narrative; single copies free from Campbell Soup Co., Home Economics Dept., Camden, NJ 08101.
Audio-Visual Aids, Food Preparation, Meal Planning, Recipes

Cereal Institute, Inc., BETTER BREAKFASTS, U.S.A., Film, color, 11 min., Jr. High; request from local film library or write to Cereal Institute, Inc., 135 South LaSalle St., Chicago, IL 60603.
Audio-Visual Aids, Breakfast, Cereals

Cereal Institute, Inc., BREAKFAST AND THE BRIGHT LIFE, 1970, Filmstrip, record and teacher's guide, 96 frames, color, 10 min.; prints free to film libraries and resource centers from Cereal Institute, Inc., 135 South LaSalle St., Chicago, IL 60603; 60 frame version of filmstrip without record $9.00 from USDA on slides: Photography Division, Office of Information, USDA, Washington, D.C. 20250.
Audio-Visual Aids, Breakfast, Food Habits

Cereal Institute, Inc., CEREALS IN THE 70's, 1970, Packet of 6 leaflets; free to teachers and leaders from Cereal Institute, Inc., 135 South LaSalle St., Chicago, IL 60603.
Breakfast, Food Composition, Food Preparation, Recipes, Snacks

Cereal Institute, Inc., GRAINS--ORIGIN OF BREAKFAST CEREALS, 1964, Poster, 16 x 22 in.; single copies free to teachers from Cereal Institute, Inc., 135 South LaSalle St., Chicago, IL 60603.
Audio-Visual Aids, Breakfast, Food Sources, Grains

Cereal Institute, Inc., WHY EAT A GOOD BREAKFAST? 1957, Filmstrip, 34 frames, color, with script; free from Cereal Institute, Inc., 135 South LaSalle St., Chicago, IL 60603. A COMPLETE SUMMARY OF THE IOWA BREAKFAST STUDIES included with filmstrip for teacher reference.
Audio-Visual Aids, Basic Nutrition Facts, Breakfast, Food Groups, Research

Church, M.J., FOOD AND YOU: NUTRITION AND ITS FUNCTION, 1971, Pamphlet, 12 p., tables, questionnaire; 25 cents each, 50 for $10, 100 for $15 from Mrs. Hermien Nusbaum, Our Baby's First Seven Years, Chicago Lying-In Hospital, University of Chicago, 5841 Maryland Ave., Chicago, IL 60637.
Food Composition, Infant Nutrition, Nutrient Functions, Nutrient Sources, Pregnancy, Pregnancy Nutrition

Co-Ed/Forecast, ECONOMY MEAL PLANNING, CT-1500-5, 1969, Teaching Kit with 10 transparencies and 10 ditto masters, for use with low income groups; $10 from Co-Ed/Forecast, Classtoons, 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Food Buying, Food Preparation, U.S. Low Income, Meal Planning, Transparencies

Secondary Teaching Materials NNECH-Jan. 1972

Co-Ed/Forecast, Editors, BETTER BUYMANSHIP: FOODS, 1967, Book, paperback, 63 p.; 60 cents from Co-Ed/Forecast Books, Junior-Senior High Division, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Adolescent, Consumer Information, Food Buying

Co-Ed/Forecast, H. Fleck, PROBLEMS OF OVERWEIGHT, CT 8, Teaching Kit with 5 transparencies, 5 ditto masters and teacher's guide; $5.00 from Co-Ed/Forecast, Classtoons, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Food Misinformation-Discussion, Transparencies, Weight Control

Co-Ed/Forecast, I. Grimmer, FOOD FADS AND FALLACIES, CT 14, Teaching Kit with 5 transparencies, 5 ditto masters and teacher's guide; $5.00 from Co-Ed/Forecast, Classtoons, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Dietary Supplements, Food Misinformation-Discussion, Health Foods, Transparencies, Weight Control

Co-Ed/Forecast, I. Grimmer, VEGETABLE COOKERY, CT 15, Teaching Kit with 5 transparencies, 5 ditto masters, teacher's guide; $5.00 from Co-Ed/Forecast, Classtoons, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Consumer Information, Food Buying, Food Preparation, Food Storage, Transparencies, Vegetables

Co-Ed/Forecast, A. Muffoletto, FOOD HABITS, CT 12, Teaching Kit with 5 transparencies, 5 ditto masters, teacher's guide; $5.00 from Co-Ed/Forecast, Classtoons, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Food Habits, Foodways, Transparencies

Co-Ed/Forecast, H.P. Shull, FOOD BUYING, CT 10, Teaching Kit with 5 transparencies, 5 ditto masters, teacher's guide; $5.00 from Co-Ed/Forecast, Classtoons, Scholastic Magazines, Inc., 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Audio-Visual Aids, Classroom Projects, Consumer Information, Food Buying, Transparencies

Cronan, M.L. and Atwood, J.C., FIRST FOODS, 1971, Book, clothbound, 286 p., low reading level, 4 p. teacher's guide; $6.64 from Charles A. Bennett Co., Inc., 809 West Detwiler Dr., Peoria, IL 61614.
Basic Nutrition Facts, Family Nutrition, Food Buying, Food Groups, Food Habits, Food Preparation, Food Service, Food Storage, Meal Planning, Weight Control

Dairy Council of California, FOOD, ENERGY, AND YOU, Food for Life Series, 1968, Film, color, 21 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $210 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Digestion and Absorption, Films, Food Metabolism, Protein

*Local Dairy Councils may make these materials available free to teachers.

Dairy Council of California, FOOD FOR A MODERN WORLD, Food for Life Series, 1968, Film, color, 21 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $210 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Food Preservation, Food Production, Food Supply-World

Dairy Council of California, FOOD FOR LIFE, Food for Life Series, 1968, Film, color, 22 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $220 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Basic Nutrition Facts, Food Habits, Food Selection, Malnutrition-International, World Food Supply

Dairy Council of California, HOW A HAMBURGER TURNS INTO YOU, Food for Life Series, 1968, Film, color, 20 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $210 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Digestion and Absorption, Food Metabolism, Protein

Dairy Council of California, VITAMINS FROM FOOD, Food for Life Series, 1968, Film, color, 21 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $210 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Deficiency Diseases, Food Metabolism, Vitamins

Dairy Council of California, WHAT'S GOOD TO EAT, Food for Life Series, 1968, Film, color, 20 min.; check local film libraries for rental, may be purchased for $100 in California from California Dairy Council, 2775 Cottage Way, Sacramento, CA 95825 or for $190 outside California from Henk Newenhouse, 1825 Willow Rd., Northfield, IL 60093.*
Audio-Visual Aids, Basic Nutrition Facts, Food Groups, Food Selection

DCA Educational Products, NUTRITION, 1969, 20 Transparencies in 5 colors with teacher supplement; single transparency $2.40, set of 20, $48.50 from DCA Educational Products, Inc., 4865 Stenton Ave., Philadelphia, PA 19144.
Audio-Visual Aids, Basic Nutrition Facts, Digestion and Absorption, Food Groups, Nutrient Functions, Nutrient Sources, Transparencies

Del Monte Corp., Consumer and Educational Services, THE BIG FOUR DAILY COUNTDOWN, and Spanish edition CONSUMA DIARIAMENTE LOS CUATRO ALIMENTOS BASICOS, 1969, Poster and student guides; free from Consumer and Educational Services, Del Monte Corp., P.O. Box 3575, San Francisco, CA 94119.
Audio-Visual Aids, Food Groups, Spanish Language

DHEW, PHS, NIH, National Institute of Allergy and Infectious Diseases, BACTERIA: THE LITTLEST CELLS, 1970, Pamphlet, 15 p., illus., glossary, includes 4 p. leaflet SELECTED READING IN MICROBIOLOGY; 30 cents from Government Printing Office, Washington, D.C. 20402.
Basic Health Habits, Food Safety, Health Education

*Local Dairy Councils may make these materials available free to teachers.

Secondary Teaching Materials NNECH-Jan. 1972

DHEW, PHS, NIH, National Institute of Allergy and Infectious Diseases, VIRUSES: ON THE BORDER OF LIFE, 1970, Pamphlet, 14 p., glossary, illus., includes leaflet SELECTED READING IN MICROBIOLOGY; 30 cents from Government Printing Office, Washington, D.C. 20402.
Basic Health Habits, Health Education

DHEW, Food and Drug Administration and Wong, H.K., YOUNG SCIENTISTS LOOK AT FOOD: FDA's Life Protection Series, 1968, Pamphlet, 6 p.; 10 cents from Government Printing Office, Washington, D.C. 20402.
Basic Nutrition Facts, Experiments, Food Safety, Growth and Maturity

Dietor Systems, SOUP'S ON, THE BALANCED DIET BINGO GAME, 1970, Game set with 40 cards, markers, board, food composition table printed on box; $10 from Didactron, Inc., P.O. Box 1501, Ann Arbor, MI 48106.
Audio-Visual Aids, Food Composition, Meal Planning

Esterer, A.K., FOOD, 1969, Book, Clothbound, 190 p., photos; Julian Messner, Division of Simon & Schuster, Inc., 1 West 39 St., New York, NY 10018.
Food Habits, Food Preservation, Food Production, Food Sources, Foodways, Historical Information

Evers, B.H., FOOD SCIENCE AND HOW IT BEGAN, 1964, Pamphlet, 23 p., illus., refs.; 15 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Experiments, Food Production

Fleck, H., THE CO-ED COOKBOOK, 1967, Book, paperback, 128 p.; 60 cents from Scholastic Book Services, Scholastic Magazines, Inc., 50 West 44th St., New York, NY 10036.
Adolescent, Cookbooks, Food Preparation, Recipes

Gregg, W.H., A BOY AND HIS PHYSIQUE, 1970, Pamphlet, 36 p., illus.; 25 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Basic Nutrition Facts, Exercise, Food Composition, Growth and Maturity, Weight Control

Harne, E.D. and McAuliffe, V.J., MENU RUMMY, 1970, Game, deck of cards and rules; $1.00 from Bulletin Room, University of Minnesota, Institute of Agriculture, St. Paul, MN 55101.
Audio-Visual Aids, Food Groups, Food Composition, Meal Planning

Harrison, G.G. and Klippstein, R.N., FOOD-WHAT FOR? NUTRITION FOR TEENAGERS, 1968, Pamphlet, 36 p., tables, graphs, puzzles, glossary; $1.00 from New York State College of Home Economics, State University of New York, Cornell University, Ithaca, NY 14850.
Adolescent, Adolescent Nutrition, Basic Nutrition Facts, Food Habits, Growth and Maturity, Weight Control

Helfman, E.S., THIS HUNGRY WORLD, 1970, Book, clothbound, 160 p., photos; $4.50 from Lothrop, Lee and Shepard Co., 105 Madison Ave., New York, NY 10016.
Deficiency Diseases, Food Production, Foodways, Malnutrition, World Food Supply

Hill, M.M., FOOD CHOICES: THE TEEN-AGE GIRL, 1966, Pamphlet, 11 p.; single copies free, multiple copies 10 cents each from Nutrition Foundation, Inc., 99 Park Ave., New York, NY 10016.
Adolescent Nutrition, Calories, Food Groups, Meal Planning, Nutrient Sources, Weight Control

*Local Dairy Councils may make these materials available free to teachers.

Secondary Teaching Materials NNECH-Jan. 1972

Ikeda, J., A SLIMMER ME, 1970, Game, 2 p. game folder with spinner 15 cents, leader's guide 2 cents from Mrs. Joanne Ikeda, California Cooperative Extension Service, 323 Morgan Hall, University of California, Berkeley, CA 94720.
Audio-Visual Aids, Calories, Food Selection, Weight Control

Johnson, L.S., WHAT WE EAT: THE ORIGINS AND TRAVELS OF FOODS ROUND THE WORLD, 1969, Book, Clothbound, 172 p., illus., Jr. High; Rand McNally and Co., P. O. Box 7600, Chicago, IL 60680.
Food Habits, Food Origins, Food Preparation, Historical Information

Joy, C.R., RACE BETWEEN FOOD AND PEOPLE: THE CHALLENGE OF A HUNGRY WORLD, 1961, Book, clothbound, 121 p., photos, Jr. High; Coward McCann, Inc., 200 Madison Ave., New York, NY 10016.
Food Production, Food Supply, Food Sources, International Programs, Legislation, Malnutrition-International

Kaiser Aluminum and Chemical Corp., FOOD: AN ENERGY EXCHANGE SYSTEM, No. 4 in "Markets of Change Series," 1970, Pamphlet, 37 p., illus.; free from Kaiser Aluminum and Chemical Corp., Kaiser Center 866, Dept. 470, 300 Lakeside Drive, Oakland, CA 94604.
Basic Nutrition Facts, Ecology, Food Production

Kellogg Co., Dept. of Home Economics Services, PIN-UP BREAKFAST KIT, Posters, 31 food cutouts with caloric value and food group printed on reverse, teacher's guide, student leaflets; free from Home Economics Services, Kellogg Co., Battle Creek, MI 49016.
Audio-Visual Aids, Breakfast, Calories, Food Groups

Kellogg Co, Dept. of Home Economics Services, WHY BREAK THE FAST? 1970, Teaching Kit, posters, student leaflets, teacher's guide; single copies free to teachers from Home Economics Services, Kellogg Co., Battle Creek, MI 49016.
Audio-Visual Aids, Basic Nutrition Facts, Breakfast

Kotschevar, L.H. and McWilliams, M., UNDERSTANDING FOOD, 1969, Book, paperback, programmed text, tables, glossary, 496 p., senior high and adult; $7.95 from John Wiley and Sons, 605 Third Ave., New York, NY 10016.
Basic Nutrition Facts, Food Buying, Food Preparation, Meal Planning, Programmed Instruction

Kraft Foods, Educational Dept., EDUCATIONAL KIT ON SALADS AND DRESSINGS, 1970, Teaching Kit with 5 transparencies, curriculum guide, recipe preparation guides, 50 student sheets; $5.50 from Kraft Foods, Educational Dept., SD-1, P.O. Box 6567, Chicago, IL 60680.
Audio-Visual Aids, Food Composition, Food Preparation, Meal Planning, Recipes, Salads

Learning Systems, Ltd., Birds Eye Educational Service, BASIC NUTRITION: Programme I, Basic Theory; Programme II, Basic Requirements; Programme III, Special Requirements; Program IV, Cooking and Preservation, 1968, 4 programmed sections in 2 paperbound volumes, teacher's guide 16 p.; The Education Manager, Pergamon Press, Ltd., Heading Hill Hall, Oxford, England.
Basic Nutrition Facts, Digestion and Absorption, Food Preparation, Food Preservation, Meal Planning, Nutrient Functions, Nutrient Requirements, Nutrient Sources, Programmed Instruction

*Local Dairy Councils may make these materials available free to teachers.

Leverton, R.M., A GIRL AND HER FIGURE, 1970, Pamphlet, 40 p., illus., relates to National Dairy Council's A GIRL AND HER FIGURE AND YOU; 25 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Basic Nutrition Facts, Exercise, Food Composition, Growth and Maturity, Weight Control

Leverton, R.M., FOOD BECOMES YOU; Better Health Through Better Nutrition, 1965, Book, clothbound or paperbound, clothbound edition 198 p., $3.50 from Iowa State University Press, Press Building, Ames, IA 50010, paperbound edition 160 p., 95 cents from Dolphin Books, Doubleday & Co., Inc., 277 Park Ave., New York, NY 10017.
Adolescent Nutrition, Child Nutrition, Food Composition, Food Groups, Food Habits, Infant Nutrition, Nutrient Functions, Nutrient Requirements, Pregnancy Nutrition, Recommended Dietary Allowances, Weight Control

Martin, M. THE GREAT VITAMIN MYSTERY, 1968, Pamphlet, 40 p., 2 p. teacher's guide, illus.; 20 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.
Basic Nutrition Facts, Classroom Projects, Deficiency Diseases, Experiments, Nutrient Functions, Nutrient Sources, Vitamins, Historical Information

Medved, E., THE WORLD OF FOOD, 1970, Book, clothbound, 538 p., illus., tables, teacher's guide 71 p., biblio.; $7.80, teacher's guide $1.32, from Ginn and Co., 125 Second Ave., Waltham, MA 02154.
Consumer Information, Convenience Foods, Food Buying, Food Preparation, Food Preservation, Food Service, Food Storage, Meal Planning, Nutrient Functions, Nutrient Sources, Recipes

Metropolitan Life Insurance Co., Health and Welfare Division, A SONG OF ARTHUR, Film, 16 mm., color, 21 min.; free to schools or groups, depending on proposed use, from Health and Welfare Division, Metropolitan Life Insurance Co., 1 Madison Ave., New York, NY 10010 or 600 Stockton St., San Francisco, CA 94120 or 180 Wellington St., Ottawa 4, Ontario, Canada.
Audio-Visual Aids, Exercise, Food Misinformation-Discussion, Weight Control

Mickelsen, O., NUTRITION SCIENCE AND YOU, 1964, Book, paperback, 128 p., glossary, references, illus.; 50 cents from Scholastic Book Services, 904 Sylvan Ave., Englewood Cliffs, NJ 07632.
Body Composition, Carbohydrates, Food Metabolism, Growth and Maturity, Historical Information, Lipids, Minerals, Protein, Vitamins, Water

National Canners Assoc., Home Economics-Consumer Services, NUTRITION ALERT, 1971, Pamphlet, 8 p., tables, illus.; up to 50 copies free from Home Economics-Consumer Services, National Canners Assoc., 1133 20th St., N.W., Washington, D.C. 20036.
Food Buying, Food Groups, Meal Planning, Nutrient Functions, Nutrient Sources, Recommended Dietary Allowances

National Dairy Council, A GIRL AND HER FIGURE AND YOU, A WORKBOOK, 1970, Pamphlet, 15 p., relates to Leverton's A GIRL AND HER FIGURE; 20 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Exercise, Growth and Maturity, Meal Planning, Snacks, Weight Control

*Local Dairy Councils may make these materials available free to teachers.

Secondary Teaching Materials NNECH-Jan. 1972

National Dairy Council, ANIMAL FEEDING DEMONSTRATIONS FOR THE CLASSROOM, 1958, Pamphlet, 16 p., illus., tables, graphs, references; 30 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Animal Nutrition, Basic Nutrition Facts, Classroom Projects, Experiments, Teacher Reference-General

National Dairy Council, CHOOSE YOUR CALORIES BY THE COMPANY THEY KEEP, 1970, Pamphlet, 4 p.; 7 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Basic Nutrition Facts, Calories

National Dairy Council, COMPARISON CARDS, SET 1 - TEENAGERS, 1969, Charts, 50 cards, 11 x 8 1/2 in., 4 p. teacher's guide; $3.00 per set from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Audio-Visual Aids, Food Composition, Nutrient Requirements, Nutrient Sources

National Dairy Council, DAIRY FOODS IN THE USA, 1959, Pamphlet, 8 p., illus., 2 p. teacher's guide; 10 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Food Composition, Food Production, Milk

National Dairy Council, FOOD AND CARE FOR DENTAL HEALTH, 1971, Pamphlet, 16 p., illus,; 15 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Calcium, Dental Health, Minerals, Teacher Reference-General

National Dairy Council, FOOD THE COLOR OF LIFE, Film, 16 mm., color, sound, 23 min., teacher's guide; for rent from local Dairy Councils or Association Films, Inc., for sale from National Dairy Council, 111 North Canal St., Chicago, IL 60606.
Audio-Visual Aids, Food Groups, Food Habits, Food Production, World Food Supply

National Dairy Council, MILK MADE THE DIFFERENCE, 1957, Poster, 4 panels, 4 p. teacher's guide; 30 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Animal Nutrition, Experiments, Growth and Maturity, Milk

National Dairy Council, YOUR FOOD--CHANCE OR CHOICE? 1969, Filmstrip, 106 frames, 35 mm., sound and color, about 13 min. plus two stops for discussion, teacher's guide and record; $5.00 from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Audio-Visual Aids, Food Groups, Food Habits, Meal Planning, Snacks

National Dairy Council, YOUR FOOD--CHANCE OR CHOICE? 1968, Pamphlet, 12 p.; 5 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Basic Nutrition Facts, Food Groups, Food Misinformation-Discussion, Meal Planning, Snacks

National 4-H Service Committee, 4-H FOOD AND NUTRITION: ALL AMERICAN FOODS, 1970, Pamphlet, 37 p., recipes, leader's guide 15 p., Jr. High; 75 cents from National 4-H Service Committee, 59 East Van Buren St., Chicago, IL 60605.
Basic Nutrition Facts, Experiments, Food Buying, Food Groups, Food Preparation, Food Safety, Meal Planning

*Local Dairy Councils may make these materials available free to teachers.

Secondary Teaching Materials NNECH-Jan. 1972

National 4-H Service Committee, 4-H FOOD AND NUTRITION: MEALS FOR TODAY, THE EASY WAY, 1970, Pamphlet, 33 p., recipes, leader's guide 13 p., references, Jr. High; 75 cents from National 4-H Service Committee, 59 East Van Buren St., Chicago, IL 60605.
Basic Nutrition Facts, Experiments, Food Buying, Food Groups, Food Preparation, Food Safety, Meal Planning

National 4-H Service Committee, FOODS WITH AN INTERNATIONAL FLAVOR, 1970, Pamphlet, 32 p., recipes, leader's guide 14 p.; 75 cents from National 4-H Service Committee, 59 East Van Buren St., Chicago, IL 60605.
Basic Nutrition Facts, Ethnic Groups, Food Preparation, Food Production, Foodways

National Live Stock and Meat Board, FUNCTIONS OF FOOD IN NUTRITION, 1970, Leaflet, 4 p.; single copies free, quantities 5 cents each from National Live Stock and Meat Board, 36 South Wabash Ave., Chicago, IL 60603.
Basic Nutrition Facts, Food Composition

National Live Stock and Meat Board, THE REAL YOU, Filmstrip, 83 frames, color, 15-20 min., with 20 p. teacher's guide; $2.50 from National Live Stock and Meat Board, 36 South Wabash Ave., Chicago, IL 60603.
Audio-Visual Aids, Basic Nutrition Facts, Food Groups

New York State College of Human Ecology, SAFETY IN THE KITCHEN, 1970, Pamphlet, 8 p. with leader's guide and activity sheets; 25 cents from Mailing Room, Building #7, Research Park, Cornell University, Ithaca, NY 14850.
Home Safety

New York State College of Human Ecology and ETV Center, FOOD-WHAT FOR? Program #6: HELP FOR THE OBESE CHILD, 1970, Videotape, 6 min. 9 sec. for local presentation on ETV; contact J. Hershberger, ETV Center, Dept. of Communication Arts, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14850.
Audio-Visual Aids, Exercise, School Child Nutrition, Television, Weight Control

New York State College of Human Ecology and ETV Center, FOOD-WHAT FOR? Program #7: FOOD-FOR PEOPLE, 1970, Videotape, 8 min. 48 sec., for local presentation on ETV; contact J. Hershberger, ETV Center, Dept. of Communication Arts, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14850.
Audio-Visual Aids, Foodways, Television

New York State College of Human Ecology and ETV Center, FOOD-WHAT FOR? Program #8: FOOD-FOR YOUR FIGURE, 1970, Videotape, 1 min. 53 sec. for local presentation on ETV; contact J. Hershberger, ETV Center, Dept. of Communication Arts, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14850.
Adolescent Nutrition, Audio-Visual Aids, Television, Weight Control

New York State College of Human Ecology and ETV Center, FOOD-WHAT FOR? Program #9: FOOD-FOR FUTURE YEARS, 1970, Videotape, 4 min. 17 sec. for local presentation on ETV; contact J. Hershberger, ETV Center, Dept. of Communication Arts, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14850.
Audio-Visual Aids, Food Habits, Television

New York State College of Human Ecology and ETV Center, FOOD-WHAT FOR? Program #10: FOOD-FOR HEALTH, 1970, Videotape for local presentation on ETV; contact J. Hershberger, ETV Center, Dept. of Communication Arts, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14850.
Adolescent Nutrition, Audio-Visual Aids, Food Habits, Nutritional Status

Secondary Teaching Materials NNECH-Jan. 1972

Pictorial Media, Inc., THE WINNING COMBINATION, 1968, Pamphlet, 16 p., color comic; free from Swift and Co., 115 West Jackson Blvd., Chicago, IL 60604.
Basic Nutrition Facts, Food Groups, Meal Planning, Snacks

Sebrell, W.H., Haggerty, J.J. and Editors of Life, FOOD AND NUTRITION, 1967, Book, clothbound, 200 p., photos, tables; $5.98 from Time-Life Books, Time-Life Building, Rockefeller Center, New York, NY 10020.
Deficiency Diseases, Digestion and Absorption, Food Misinformation-Discussion, Food Processing, Food Production, Food Preservation, Food Sources, Foodways, Historical Information, Malnutrition-International, Obesity, Weight Control, World Food Supply, Vitamins

Sunkist Growers, Consumer Service Division, BUILD A BETTER YOU WITH FRESH CITRUS, Pamphlet, 15 p., illus.; free from Sunkist Growers, Consumer Service Division, Box 2706, Terminal Annex, Los Angeles, CA 90054.
Food Groups, Food Selection, Fruits, Nutrient Functions, Snacks, Vitamin C, Weight Control

University of California Extension Service, FOOD, A GUIDE FOR EVERY DAY, THE 4-4-3-2 WAY, 1970, Poster, 20 by 26 in. and miniature 8 1/2 by 11 in., in English and Spanish; poster 40 cents, miniature 5 cents from 4-H ENEP Publications, Mail Room, 1422 South 10th St., Richmond, CA 94804.
Audio-Visual Aids, Food Groups, Spanish Language

University of California Agriculture Extension, THE INK BLOT TEST, 1970, Pamphlet, 8 p., illus., discussion guide; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
Attitudes, Food Groups, Food Habits

University of California Agriculture Extension, WHAT DOES YOUR HOROSCOPE SAY ABOUT THE WAY YOU EAT? 1970, Leaflet, 4 p., discussion guide; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
Attitudes, Food Selection

Vitamin Information Bureau, THE BEGINNING OF LIFE: HOW A BABY DEVELOPS BEFORE BIRTH, 1971, Filmstrip, 47 frames, color, narrative with teacher's guide; $5.00 or $6.00 including wall chart from Vitamin Information Bureau, 575 Lexington Ave., Dept. N, New York, NY 10022.
Audio-Visual Aids, Food Groups, Minerals, Nutrient Functions, Physiology, Pregnancy, Pregnancy Nutrition, Vitamins

Vitamin Information Bureau, PRENATAL NUTRITION WALL CHART, 1971, Poster; $2.00 or $6.00 including filmstrip from Vitamin Information Bureau, 575 Lexington Ave., Dept. N, New York, NY 10022.
Audio-Visual Aids, Minerals, Nutrient Functions, Nutrient Sources, Pregnancy Nutrition, Vitamins

Washington State Apple Commission, APPLE DATA, AN EDUCATIONAL PACKET, 1969, Teaching Kit, Map, Leaflets, recipes; $2.00 from Washington State Apple Commission, 511 Second Ave. West, Seattle, WA 98119.
Apples, Food Buying, Food Composition, Food Preparation, Food Production, Recipes

Secondary Teaching Materials NNECH-Jan. 1972

Washington State University, Cooperative Extension Service, CHECK STAND, A FOOD BUYING GAME, 1970, Board game for 2 to 4 players; $1.25 from Publications Officer, Cooperative Extension Service, Washington State University, Box 2038, College Station, Pullman, WA 99163.
Audio-Visual Aids, Food Buying, Food Groups

Wenner, Ruth, SEARCH AND RESEARCH, SCIENTIFIC INVESTIGATION WITH EMPHASIS ON BIOLOGY, 1964, Pamphlet, 23 p., photos, graphs, tables, references; 20 cents from National Dairy Council, 111 North Canal St., Chicago, IL 60606.*
Animal Nutrition, Experiments, Protein

Wheat Flour Institute, SANDWICHES PLEASE, 1959, Pamphlet and Filmstrip, 78 frames with narration guide; pamphlet 16 p., recipes; filmstrip $3.75, pamphlet 10 cents from Wheat Flour Institute, 309 West Jackson Blvd., Chicago, IL 60606.
Audio-Visual Aids, Food Preparation, Meal Planning, Recipes, Snacks

White, R.B., FOOD AND YOUR FUTURE, 1972, Book, clothbound, 470 p., illus., tables, bibliography, recipes; $9.32 from Prentice-Hall, Inc., Englewood Cliffs, NJ 07632.
Basic Nutrition Facts, Classroom Projects, Consumer Information, Convenience Foods, Food Buying, Food Habits, Food Misinformation-Discussion, Food Preparation, Food Safety, Food Storage, Heart Disease, Infant Nutrition, Meal Planning, Nutrient Functions, Nutrient Requirements, Nutrient Sources, Pregnancy Nutrition, Recipes, Weight Control

White, R.B., YOU AND YOUR FOOD, 3rd Edition, 1971, Book, clothbound, 470 p., illus., tables, recipes; $8.36 from Prentice-Hall, Inc., Englewood Cliffs, NJ 07632.
Basic Nutrition Facts, Classroom Projects, Consumer Information, Food Buying, Food Groups, Food Preparation, Food Storage, Meal Planning, Nutrient Functions, Nutrient Sources, Recipes

TEACHER REFERENCES

American Assoc. for Health, Physical Education and Recreation, NUTRITION FOR ATHLETES, A HANDBOOK FOR COACHES, 1971, Pamphlet, 56 p., tables, illus.; single copies $2.00 from The Nutrition Foundation, Inc., 99 Park Ave., New York, NY 10016; multiple copies at discount from AAHPER, 1201 Sixteenth St., N.W., Washington, D.C. 20036.
Basic Nutrition Facts, Food Misinformation-Discussion, Meal Planning, Teacher Reference-Secondary

MacKenzie, L., EVALUATION IN THE TEACHING OF HOME ECONOMICS: A PROGRAMMED GUIDE, 1970, Pamphlet, 82 p.; $2.00 from The Interstate Printers & Publishers, Inc., Danville, IL 61832.
Curriculum Guides, Evaluation, Grades 7-12, Teacher Reference-Secondary

Secondary Teacher References NNECH-Jan. 1972

Mairs, P., COACHES CALL THE SIGNALS, 1969, Pamphlet, 12 p.; available from Iowa State University Cooperative Extension Service, Ames, IA 50010.
Food Groups, Food Supplements, Meal Planning, Weight Control

Marqusee, R.H., BIO-ENERGETICS: CURRICULUM DESIGN IN NUTRITION EDUCATION, 1971, Pamphlet, 16 p., classroom activity sheets; very limited supply from Mr. Marqusee, Robert Frost Jr. High School, 12314 Bradford Place, Granada Hills, CA 91344.
Basic Nutrition Facts, Classroom Projects, Curriculum Guides, Experiments, Foodways, Teacher Reference-Secondary

Metropolitan Life Insurance Co., THE BIG STRETCH: A GUIDE FOR TEACHERS ON TEEN-AGE NUTRITION EDUCATION, 1962, Pamphlet, 16 p., tables; free to teachers from Health and Welfare Division, Metropolitan Life Insurance Co., 1 Madison Ave., New York, NY 10010 or 600 Stockton St., San Francisco, CA 94120 or 180 Wellington St., Ottawa 4, Ontario, Canada.
Adolescent Nutrition, Classroom Projects, Food Groups, Food Selection, Snacks, Teacher Reference-Secondary, Weight Control

Spitze, H.T., HOME ECONOMICS FOR THE SEVENTIES: ACCENT ON NUTRITION FOR CONSUMERS, Illinois Teacher for Contemporary Roles, Vol. 14, No. 1, Sept.-Oct. 1970, 47 p., references, illus.; $1.00 for this issue from Illinois Teacher, 342 Education Bldg., University of Illinois, Urbana, IL 61801.
Audio-Visual Aids, Basic Nutrition Facts, Classroom Projects, Educational Methods-Adolescent, Educational Methods-Adult, Teacher Reference-Secondary

State University of New York, Bureau of Secondary Curriculum Development, HEALTH: STRAND I: PHYSICAL HEALTH, NUTRITION, GRADES 10, 11 and 12, 1970, Pamphlet, 86 p., curriculum framework, references; State Education Dept., Bureau of Secondary Curriculum Development, Albany, NY 12224.
Basic Nutrition Facts, Curriculum Guides, Grades 10-12, Teacher Reference-Secondary

State University of New York, Bureau of Secondary Curriculum Development, HEALTH: STRAND I: PHYSICAL HEALTH, NUTRITION, GRADES 7, 8 and 9, 1970, Pamphlet, 73 p., curriculum framework, references; State Education Department, Bureau of Secondary Curriculum Development, Albany, NY 12224.
Basic Nutrition Facts, Curriculum Guides, Grades 7-9, Teacher Reference-Secondary

University of California Agricultural Extension, BREADS AND CEREALS FOR HEARTY EATING, 1970, Pamphlet, 12 p., references, recipes; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
Breads, Cereals, EFNEP Youth, Enrichment, Food Groups, Food Preparation, Paraprofessional Training, Teacher Reference-Intermediate, Teacher Reference-Secondary, Volunteers, Recipes, Classroom Projects

University of California Agricultural Extension, FRUITS AND VEGETABLES--DO THEIR THING, 1970, Pamphlet, 11 p., references; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
EFNEP Youth, Food Groups, Food Preparation, Fruits, Paraprofessional Training, Snacks, Teacher Reference-Intermediate, Teacher Reference-Secondary, Vegetables, Vitamins, Vitamin A, Vitamin C, Volunteers

Secondary Teacher References NNECH-Jan. 1972

University of California, Agricultural Extension, SNACKS: A PLUS, A MINUS, 1970, Pamphlet, 5 p.; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
EFNEP Youth, Food Preparation, Paraprofessional Training, Recipes, Snacks, Teacher Reference-Intermediate, Teacher Reference-Secondary, Volunteers

University of California, Agricultural Extension, THE MEAT GROUP--SOMETHING FOR EVERYONE, 1970, Pamphlet, 9 p., references; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
EFNEP Youth, Food Groups, Food Preparation, Iron, Meat, Paraprofessional Training, Protein, Recipes, Snacks, Teacher Reference-Intermediate, Teacher Reference-Secondary

University of California, Agricultural Extension, Joanne Ikeda, THE MILK GROUP... FOR "LOOK YOUR BEST SNACKS," 1970, Pamphlet, 7 p., references; free to California residents only from Cooperative Extension, College of Agriculture, University of California, Berkeley, CA 94720.
Calcium, EFNEP Youth, Food Groups, Food Preparation, Milk, Recipes, Snacks, Teacher Reference-Intermediate, Teacher Reference-Secondary, Paraprofessional Training, Volunteers

USDA, Consumer and Marketing Service, INSPECTION, LABELING, AND CARE OF MEAT AND POULTRY, A CONSUMER EDUCATION GUIDE, 1971, Pamphlet, 48 p., illus.; single copies free from Office of Information, USDA, Washington, D.C. 20250.
Consumer Education, Educational Methods-Adult, Food Safety, Food Standards, Meat Poultry, Teacher Reference-Secondary

Washington State Dept. of Social and Health Services, SECONDARY NUTRITION EDUCATION CURRICULUM GUIDE, 1970, Pamphlet, 11 p., resources list; free to Washington State residents from Washington State Dept. of Social and Health Services, P.O. Box 709, Olympia Airport, Olympia, WA 95801.
Curriculum Guides, Grades 7-12, Teacher Reference-Secondary

This is not a comprehensive list of all materials available on the subject; it reflects those materials which have been submitted to the clearing house at the time of publication. Related lists available from NNECH at 50 cents to SNE members and $1.50 to non-members are: "Preschool, Primary and Intermediate Teaching Materials and Teacher References" and "General Teacher References," which includes references applicable at bother elementary and secondary levels as well as background information of importance to teachers.